

SOUTH SHORE ELDER SERVICES - LUNCH PROGRAM

LUNCH AT THE SENIOR CENTER

The Ann Scully Senior Center hosts the Lunch Program for seniors provided by the **South Shore Elder Services**. We are the home base of their **Meals-on-Wheels program** for Hull seniors and disabled. Lunches are set up for delivery from our kitchen. The **SSES**, Nutrition Site Manager is Jim Richman, who is assisted by his dedicated volunteers. They pack meals, deliver to homes, and serve those who come into the center for lunch. We have many senior residents who come every day for a hot lunch and to socialize. Call if you wish to join us. Lunch is served at 11:45 sharp, there is a donation of \$2. **SSES** survives on donations and is funded in part by the *Executive Office of Elder Affairs*.

For over 25 years, many new friendships have been forged over our lunch. As many become the generation who are losing old friends, it is nice to have a place to meet new ones.

Our non driving friends come in with our van about 9:30, have coffee, tea, pastry, socialize, occasionally make crafts, exercise, eat, and return home just after Noon. Others will drift in about 10-11:00, socialize, have lunch and get on with their day. Some hang around after lunch for the card clubs, bingo, mahjong or whatever the afternoon program is. It's nice to have a place where you can visit, feel comfortable, and meet people who have many of the same life experiences.

“You're never too old to meet new friends.” “Socialization keeps us happy & healthy” and “It's always a good day when you share a laugh with a friend.” Stop by some morning, have a cup of Joe and a little conversation.

If you're house bound or temporarily disabled and need Meal-on-Wheels, please do not hesitate to call **SSES** at 781-848-3910. If you would like to have lunch at the center, you must call Wednesday, the week before, the day you wish to come in, 781-925-1239 X2 leave message. Meals are ordered a week in advance, and this gives them plenty of time to add you on the lunch list.

Volunteers are very much appreciated.

Volunteer drivers are always needed for the Meals on Wheels. Deliveries may be 10 to 15 local stops, 1 to 5 days per availability, and gas mileage is provided. About 2 hours a day.

Inquire within to Jim Richman or call South Shore Elder Services. A CORI check is mandatory.