

## Youth Opioid Prevention Grant

Enhance current curriculum by incorporating Social Emotional Learning principles Self-awareness, self-management, social awareness, relationship skills, responsible decision making) in grades 4 – 8 through implementation of the top-rated substance abuse prevention program, Botvin LifeSkills Training.

1. Teach students the necessary skills to resist social (peer) pressures to smoke, drink, and use drugs.
2. Help students to develop greater self-esteem and self-confidence.
3. Enable students to effectively cope with anxiety.
4. Increase their knowledge of the immediate consequences of substance abuse.
5. Enhance cognitive and behavioral competency to reduce and prevent a variety of health risk behaviors.

### Grant Activities

In order to accomplish the implementation of the program in 5 grades during the two year grant period, a mental health consultant (social worker, health educator, or counselor) will be hired (300 hours at \$50.00 an hour over 2 years) to work with the adjustment counselors at the middle school and elementary school to implement the program.

After the two year period, the program will be implemented in grades 4 and in grades 6 – 8.

Lifeskills Curriculum Materials (\$5,000) purchased through grant.

Parent training course will be offered to middle school parents during the first year and going forward the parent training will be offered to grade 6 parents.

HPS partnered with Manet and Hull Alliance for the Prevention of Substance Addiction (HASPA) to assist with the parent trainings.