PHYSICAL EDUCATION

The School Committee will attempt to provide every student with an opportunity for wholesome and enriched educational experiences. It is the Committee's belief that the following basic aims and objectives of the physical education program will contribute to this goal:

- 1. To aid the development of the entire student so that a well trained mind may function properly in a healthy body;
- 2. To encourage student participation in vigorous physical activity while in school, and to teach the skills of those activities so that they will have a carry-over value for later activities in every day life;
- 3. To increase appreciation of physical fitness and its importance in regard to good health; and
- 4. To impress upon students the importance of integrating one's mind, body and attitude in preparing to face the obligations of a complex society.

LEGAL REFS: M.G.L. 71:1; 71:3

Adoption: September 19, 2016 First reading 2006 revision: June 6, 2016 Second reading: June 20, 2016 Third reading/adoption: September 19, 2016 Proposed reconsideration: September 2021

Hull Public Schools