



Hull Council on Aging



OUR MISSION

THE PURPOSE OF THE HULL COUNCIL ON AGING IS TO IDENTIFY NEEDS AND IMPLEMENT PROGRAMS THAT WILL ENHANCE THE QUALITY OF LIFE AND ASSIST VALUED INDEPENDENCE FOR THE HULL RESIDENTS OVER 60 YEARS OF AGE.

WE ALSO ASSIST IN EDUCATING OUR LEADERS AND COMMUNITY TO THE NEEDS OF ALL OUR SENIOR RESIDENTS.

FAMILY MEMBERS ARE INVALUABLE IN KEEPING MANY SENIORS HOME. WE PROVIDE REFERRALS, ADVICE, AND COMFORT TO ALL OUR FAMILIES. FEEL FREE TO CALL OR VISIT.

OUR STAFF



- **Current Staff**
 - Lisa Thornton | Director
 - Jo Ann Rose | Administrative Assistant
 - Mickey Corcoran | Van Transportation
 - Alice Kaplan | Van Transportation
 - Allison Cochrane | Temporary Part-time
- **Open Positions | Recently posted**
 - Activities/Volunteer Coordinator
 - Outreach Coordinator



Departmental Statistics of Note



OUTREACH

- 50 Applications (fuel, housing, social security)
- 100 Scheduling Assistance (COVID-19 Vaccination Appointments)
- 3000 Wellness Calls
 - ✦ 100 Calls/wk
- Other Support
 - ✦ Resource /Support Calls, Referrals, Home Visits
 - ✦ SHINE Counseling (90)

MEALS/NUTRITION

- 1,760 hot meals (2021) for *Better Together* (100 seniors)- 1600 volunteer & staff hours
- 14,844 Home Delivered Meals (SSES) - 316 volunteer hours



Departmental Statistics of Note



TRANSPORTATION

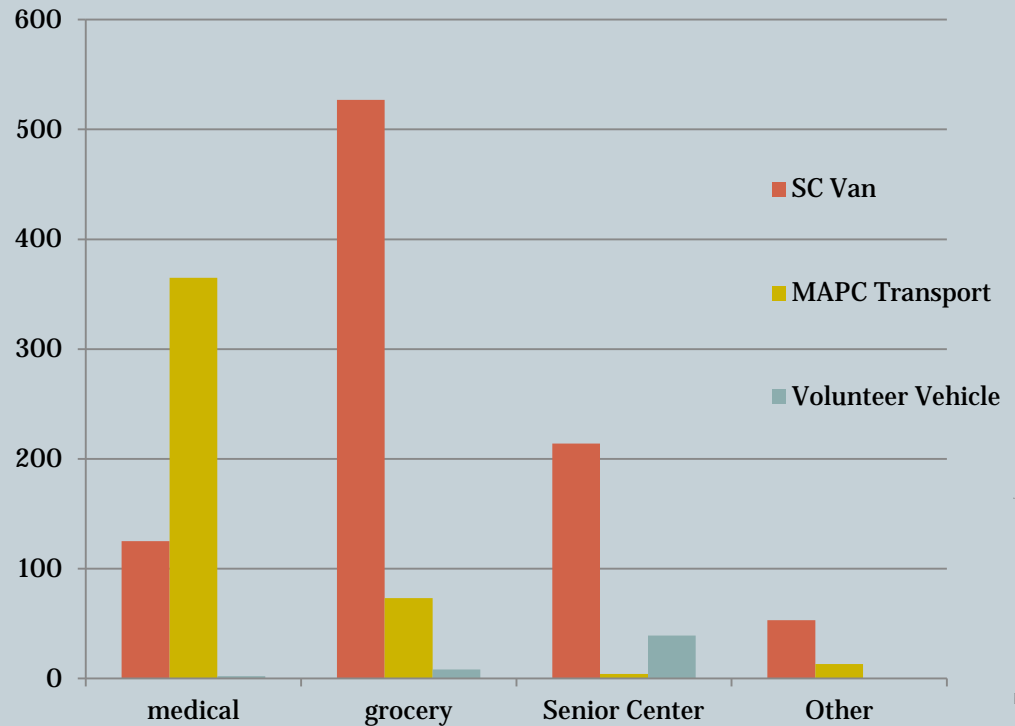
○ 919 Van Rides

Senior Center Van

- ✦ Grocery Shopping
- ✦ Medical
- ✦ Other

○ 472 Taxi Rides Seaside Transport (MAPC Grant)

2021 Rides
1,436 Rides to destinations
1,414 Return rides home



Departmental Statistics of Note



PROGRAMMING

- Special Events
- Multi-Wk Series
- Life-long Learning
- Fitness/Exercise Classes
- Workshops
- Groups

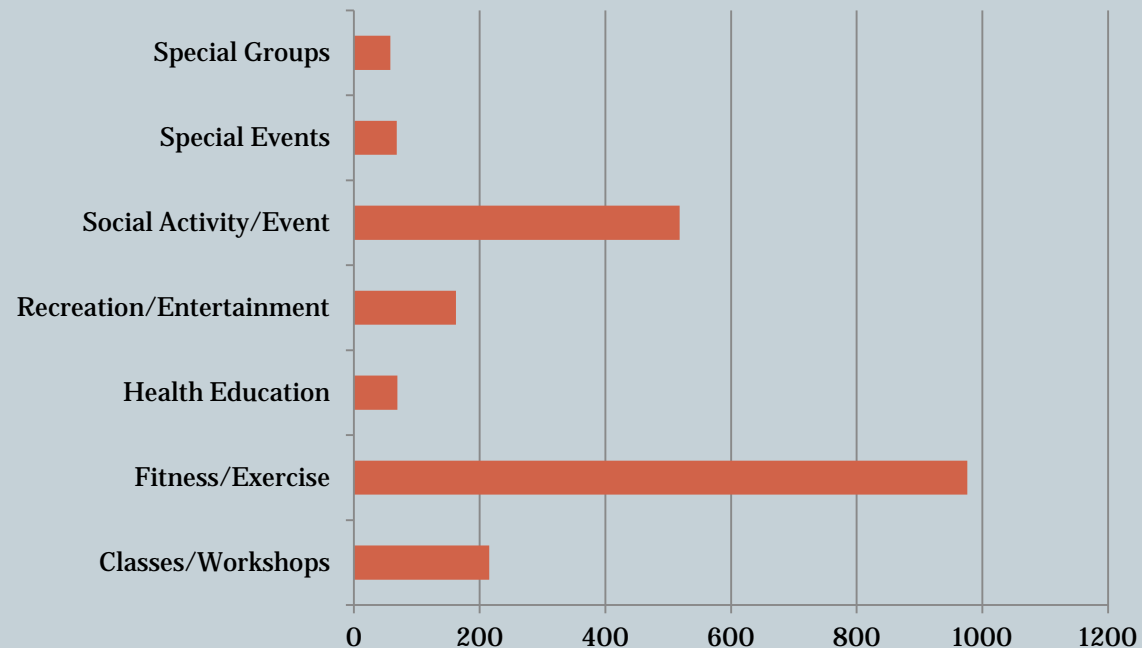
VOLUNTEER HOURS

1,043 hours –
General Services

Participation in Programs

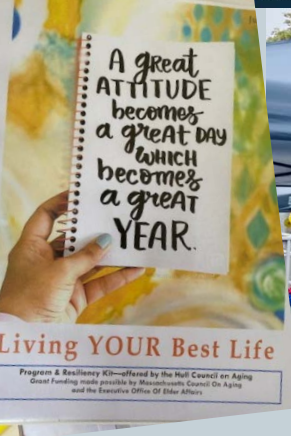
2,155 units of service

298 seniors



Events, Activities, Community Engagement

Block Party
HULLoween
Senior Santa
Thanksgiving
Cookie Box
Matter of
Balance
Rock Painting



In focus- grants, needs assessment, donations



- **Grants**
 - **Transportation**
 - ✦ New Vans – arriving Summer/Fall 2022
 - ✦ Urgent Covid-19 Taxi, Livery and Hackney Transportation Partnership Grant
 - ✦ MAPC Transportation Grant
 - **Healthy Aging**
 - ✦ Living Your Best Life (MCOA/EOEA)
 - ✦ Field Demonstration Projects (MCOA/EOEA)
 - Social Isolation/Loneliness, Nutrition
 - ✦ ARPA Title III
 - Nutrition
- **Community Needs Assessment**
- **Community Donations**
- **Better Together Program**



WE WELCOME YOU- Come on in!



**Thank you
Hull for
beautifying
our outdoor
space!**



First Impressions



Inviting & comfortable spaces to gather. Newly painted walls featuring art work by local artists.

**ENTRANCES
AFTER**



**ENTRANCES
BEFORE**



Inside - Facelift



Community donations and volunteers help us clean, organize and update.



Making Space for getting active and gathering!



BEFORE



AFTER

**Activity,
Event and
Fitness
Spaces**



Newsletter



HULL HEARTBEAT

HULL COUNCIL ON AGING | ANNE SCULLY SENIOR CENTER

197A Samoset Avenue, Hull, MA 02045

January - February | 2022

Our Mission

The purpose of the Hull Council on Aging is to identify needs and implement programs that will enhance the quality of life and assist valued independence for the Hull residents over 60 years of age. We also assist in educating our leaders and community to the needs of all our senior residents. Family members are invaluable in keeping many seniors home. We provide referrals, advice, and comfort to all our families. Feel free to call or visit.



- Outsourced printing to LPI
- Increasing mailing list
- Distributing 500+ newsletters to local businesses and community locations.



QR CODE

Do you want to receive our newsletter delivered to your home?

Use your smart

phone camera,

scan the image

below, click the

link & sign up!



Ann E. Goldman

Department Highlights



- Senior Friends Group
 - *Senior Santa, Moments of Joy, Birthday Buddies*
- Expanding programming
- Community Events
 - *Block Party, Grab & Go, Halloween*
- Building & Property Improvements
- Increasing Awareness of Center Activities and Events
- Newsletter
- My Senior Center
- Community Needs Assessment
- Better Together
- Grab & Go Events
- On-line requests (newsletter and rides)





Mid to Long Term Issues Facing The Senior Center | Council on Aging



- **Limited Resources to Provide medical rides**
 - (MAPC grant ends March 30, 2022)
- **Staffing**
- **Space Limitations**
- **Challenges Shifting Community Perception**
- **Technology Improvements, Support, and Training**
- **Creating a Welcoming Comfortable Center**

