

# **FREE BLOOD PRESSURE CLINIC**

**The 2nd & 4th Tuesdays 10:30 > 11 ish**

***with Joan Taverna, RN, Hull Public Health Nurse.***

She will be @ the Senior Center, 197A Samoset Av.  
diagonally across from St. Anne's Church.

Stay Healthy!

Keep a record of your pressure and

**Show a little love to your heart!!**

Walk-ins welcome.