

ARE YOU OK??

This is a free program that promotes wellness and safety, and is offered by the Plymouth County Sheriff's Department.

This program offers a senior, disabled or a patient just out of the hospital a phone call once a day.

This is a security call when a person has no one else. They just call to say "Are you OK?"

You can apply permanently or on a temporary basis.

For more information call the "RUOK" office

at 508.830.6256 or 1.800.622.4300

or visit www.pcsdma.org