

ANNE SCULLY SENIOR CENTER CALENDAR

The purpose of the Council on Aging is to help the 60+ residents of Hull.
Everyone is invited to participate in all daily activities. There is no membership.

WEEKLY SCHEDULE

FEBRUARY & MARCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10:00 Social time 10:00 Exercise with <i>Chris</i> 11:45 Lunch	10:00 Social time / (looking for craft instructor) 10:00 YOGA \$2.25 per lesson 11:45 Lunch 12:30 Whist Club	10:00 Social time 10:00 Exercise with <i>Joyce</i> 11:45 Lunch 12:30 Bridge Club 11:00 Food Shop S&S Cohasset (Call for reservation) Last Wed. is the Birthday lunch, (info below)	10:00 Social time 10:00 YOGA \$2.25 per lesson 11:45 Lunch 12:30 Card Club 12:30 Mahjong	CENTER CLOSED 9:00 Food Shop Stop & Shop Hingham (Call for reservation)
SPECIAL EVENTS				
<u>1st MONDAYS</u> BINGO Feb 1, Mar 1, Apr 5 @ 1:00	<u>1st TUESDAYS</u> BLOOD PRESSURE CLINIC 11:30 @ Senior Center Feb 2 & Mar 2 Apr 6		WE HAVE ROOM FOR MORE WHIST PLAYERS ON TUESDAYS. COME ON IN AND GIVE IT A TRY.	
FOOT DOCTOR MONDAY March 1 @ 11:30-1:30	<u>1st TUESDAYS</u> FOOD STAMP Applications (appointment only) @ Senior Center Feb 2, Mar 2 Apr 6 @ 10-12:00	Feb. 17 & Mar 17 @ 10:30 Gigi Mirarchi from Rep. Garrett Bradley's office will be available for an hour for questions. reservations & walk-ins.		The snowbirds have flown the coup and we have space for Bridge players on Wednesday .
FOXWOODS MONDAY APRIL 12 If trip is not sold out by 4/1, it WILL be cancelled.	<u>3rd TUESDAYS</u> BLOOD PRESSURE CLINIC Feb 16, Mar 16, Apr 20 10:30-11:30 @ <i>Senior Housing,</i> <i>Rec. Room</i> <i>Atlantic House Ct.</i> FEB. 25 @ 10-11 Sandra Dalton from Sen. Hedlund's office will be @ Town Hall. Reservations & walk-ins	MARCH 10 11:00-11:45 Representatives Mark Bossey & Peter Rickards from Centinel Financial will be here to discuss financial planning, long term care, etc. If you have any questions, please call, seating will be limited.	If you like POKER , every Thursday there's a HOT game going on. Chicago, follow the Queen, and all that jazz. There are openings for Mahjong on Thursdays too.	<i>Remember, this Center is not for "OLD" people. It's for people who don't want to get old. Activities & socialization help you feel younger Give us a try.</i>

Monday through Thursday we offer a hot lunch @ 11:45, \$2.00. First lunch free. A 72-hour notice is required. Transportation is available & you must make reservation 781-925-1239. Any regulars that are having a birthday in the month will receive a **free birthday lunch** on the **last Wednesday** of their month. KEEP THIS ON YOUR 'FRIDGE' as a reminder.